

# Synonyms for Growing Up

Watch the videoclip and stop after each frame. How is the girl feeling at that moment? Use your feelings handout and write the appropriate adjective into column 2. Find the video at: <https://tinyurl.com/feelings-nyt>

|   |  |
|---|--|
| I can't believe I decided to come today.  |  |
| When did I get this tall?   |  |
| How has no one come up with a better version of capitalism yet?   |  |
| Everything I make is garbage.   |  |
| That was due?   |  |
| Well, this is the part where I recognize the impossible burden of managing every aspect of my own life and step into the role of mitigating the consequences with hopeful conviction. |  |
| He's cute.  |  |
| Bob Ross would have made a great president.   |  |
| Why isn't my best good enough?  |  |
| How many sine curves does it take to fake my math homework?   |  |
| Aaaaaaaaaaaaaah.  |  |
| You tell 'em, Greta.  |  |
| Am I trying my best?  |  |
| Today is the day I sleep earlier.   |  |
| Today is the day I will sleep ...   |  |
| Oh god, I'm not ready to be an adult.   |  |
| Anarcho ... primitivism. Anarcho-primitivism.   |  |
| I wish I could go back to not caring.   |  |
| She's cute.   |  |
| Oh no. Oh oh, that makes so much sense.   |  |
| We can do this.   |  |
| It's going to be fun. Just watch.   |  |

# What colors are these feelings?

Often, people associate different feelings with colors.

Let's try this out:

| <b>FEELING</b>  | <b>My color for this feeling</b> | <b>My explanation:</b><br><b>examples:</b><br><i>For me LOVE is pink, because it makes me think of ....</i><br><i>For me HUNGER is red, because it reminds me of ...</i> |
|---|----------------------------------|--|
| <b>confusion</b><br>(to be confused)                          |                                  |  |
| <b>happiness</b><br>(to be happy)                             |                                  |  |
| <b>sadness</b><br>(to be sad)                                 |                                  |  |
| <b>anger</b><br>(to be angry)                                 |                                  |  |
| <b>fear</b><br>(to be afraid, to be scared)                   |                                  |  |
| <b>calmness</b><br>(to be calm)                               |                                  |  |
| add 3 more feelings and explain what colors they are for you. |                                  |  |
|   |                                  |  |
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|   |                                  |  |