

# OPPOSITES

Each month, CROWN meets two teens who have different lives.

## SPORTY TEEN

CROWN spoke to Alex who loves doing sport and being outdoors\* and Ruth who prefers to stay inside with a good book!

### ALEX



#### What sports do you do?

I do orienteering\*, fell running\*, tennis, handball, mountain-biking and I go for an 8km run every week! I have just stopped playing rugby because the players were bigger and they squashed\* me! I play sport for about nine or ten hours a week.



#### When are you happiest?

I'm happiest when I'm outside and doing orienteering. It's my favourite sport because you use your body AND your brain.

#### What's your biggest achievement?

I came ninth in the British Schools Orienteering Championships – and I only started orienteering three weeks before that!



#### What's your goal?

I'd like to finish higher in that competition this year.

#### How fit are you?

I'm 9/10. Other kids are faster than me, but they're not fitter!

#### Is there anything you DON'T like about doing sport?

It's not fun when it's freezing\*, raining or snowing! Also, I broke my finger and my nose (twice!) whilst I was playing rugby.

#### Do you ever stay inside?

Yes, I read books but I don't play video games. I haven't even got an Xbox. It's not my thing\*!

#### What would you like to say to a geek?

"If you don't want to do sport, that's okay, but it's healthy to exercise. You don't have to do it for hours like me!"



**DID YOU KNOW:**  
**20%**  
of teen girls do no sport?

### ALEX

**Age:** 14

**Pets:** A fish called Loony – but it died!

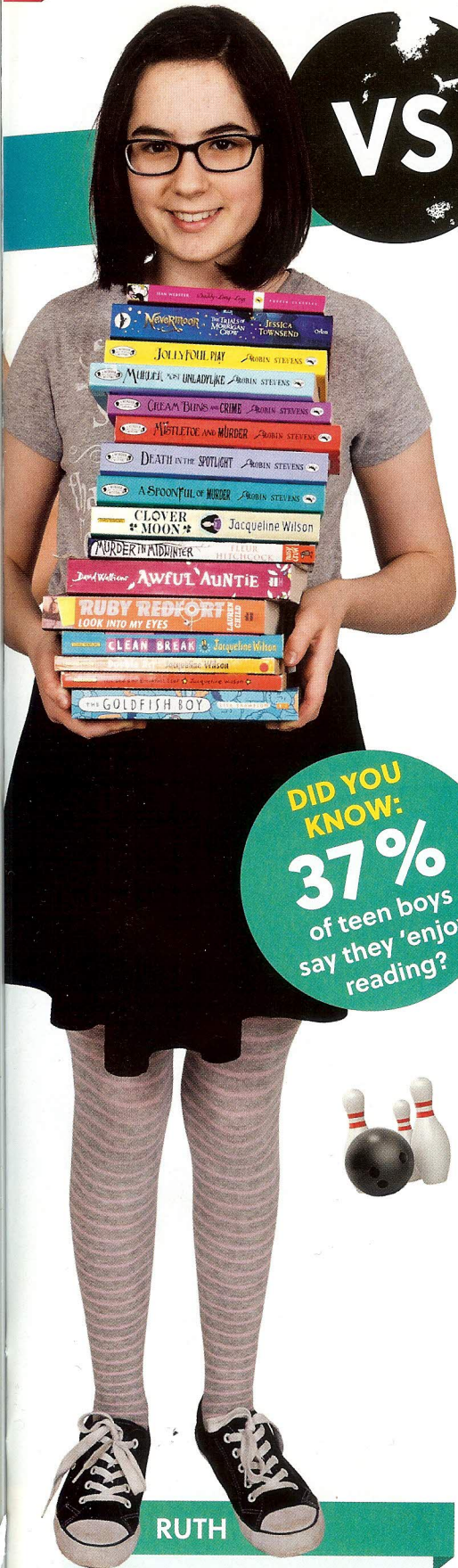
**Hero:** Roger Federer

**Most-used word:** Erm!

#### \* WORDWISE

English	French	Italian	German	Dutch	Spanish
outdoors	la nature	all'aperto	draußen	buiten	al aire libre
orienteering	une course d'orientation	orienteering	Orientierungslauf	oriëntatielopen	la orientación
fell running	une course en montagne	corsa in montagna	Berglauf	hardlopen op onverharde wegen	correr por montaña
to squash	écraser	schiacciare	zerdrücken	verpletteren	aplastar
freezing	gelé	gelido	eiskalt	heel erg koud	congelado
it's not my thing	c'est pas mon truc	non è la mia specialità	es ist nicht mein Ding	ik houd er niet echt van	no es lo mío
geek	un geek	imbronato	Geek, Sonderling	geek	el bicho raro
to hurt	blesser	far male	weh tun	pijn doen	doler
allergic	allergique	allergico	allergisch	allergisch	alérgico
mud	la boue	fango	Schlamm	modder	el barro
I don't mind	ça m'est égal	è uguale	meinetwegen	ik vind dat wel ok	no me importa
literally	littéralement	letteralmente	buchstäblich	letterlijk	literalmente

# VS THE BOOKWORM<sup>1</sup>



**DID YOU KNOW:**  
**37%**  
of teen boys  
say they 'enjoy'  
reading?

**RUTH**

**Age:** 13

**Pet:** A cat called Slinky

**Hero:** Eddie Redmayne

**Favourite book:** *Harry Potter and the Half-Blood Prince*

**Most-used word:** literally\*

## RUTH



### What do you do in your free time?

I read a lot, I write a lot and I play video games like *Mario Kart*, *Animal Crossing* and *The Sims* too. I'm reading *Harry Potter and the Order of the Phoenix* for the tenth time! I'm a bit of a geek\*. The only geeky thing I don't like is *Star Wars*!

### When are you happiest?

I'm happiest when I finish a level in a game or when I'm lost in a book.



### What's your biggest achievement?

I came third in the BBC's '500 Words' writing competition.

### What are your goals?

I'd like to write a book.



### How fit are you?

Oh, not very fit! I'm 4/10. I occasionally go swimming with my family and I like bowling!



### Is there anything you DON'T like about being a geek?

No, I think it's cool to be a geek! But if I look at a screen for a long time, my eyes hurt\*!

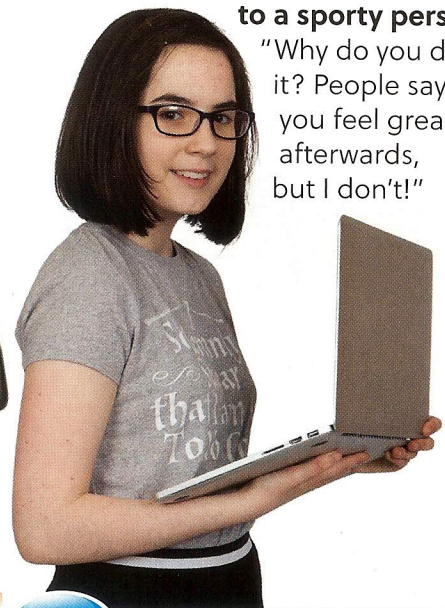
### Do you ever do any sport?

Erm, I walk to school ... is that a sport?! I think I'm allergic\* to sport! It makes me think of mud\* and rain. But I don't mind\* playing sports on the *Wii*!



### What would you like to say to a sporty person?

"Why do you do it? People say you feel great afterwards, but I don't!"



**YOU!**

### • Whose life do you prefer?

Alex's  Ruth's  Why?



### LISTEN

**Track 2:** Listen to another sporty and geeky teen talk about their lives.  
[www.mg-plus.net/audio](http://www.mg-plus.net/audio)

## Present perfect

**HAVE YOU EVER ...?** Here are five things Ruth or Alex have done.

Write the correct verb form. Then tick (✓) the boxes and answer the questions for you:

	YES	NO
1. Have you ever _____ ( <i>break</i> ) a bone?	<input type="checkbox"/>	<input type="checkbox"/>
2. Have you ever _____ ( <i>read</i> ) a book more than three times?	<input type="checkbox"/>	<input type="checkbox"/>
3. Have you ever _____ ( <i>win</i> ) a competition?	<input type="checkbox"/>	<input type="checkbox"/>
4. Have you ever _____ ( <i>look</i> ) at a screen so long that your eyes hurt?	<input type="checkbox"/>	<input type="checkbox"/>
5. Have you ever _____ ( <i>run</i> ) for 8km?	<input type="checkbox"/>	<input type="checkbox"/>

<sup>1</sup> A bookworm is a person who loves reading books.