



NAME THAT TONE!

LEVEL UP YOUR COMMUNICATION



Brought to you by [GoZen.com](https://www.GoZen.com)

THANK YOU SO MUCH!

Our mission at GoZen! is providing parents and practitioners with the tools they need to arm kids with essential life skills - not only to manage anxiety, but to live with deeper purpose. We can't do it without your support!

Have any questions or comments about our printable kits? Reach out to go@gozen.com, we'd love to hear from you.

YOU MAY ALSO ENJOY :



**Click here to learn more about our New
Animated Program on Anger Transformation!**

GoZen.com/anger/

TERMS OF USE

NEED MORE THAN A SINGLE LICENSE?

- 1) Your kit purchase includes a single license you can use with your family or in your private practice in a counseling session!
- 2) Want to print lots of copies? Please learn more about [extended licenses here](#).

SHARING MATERIAL

We put a lot of hard work into creating these materials and other resources to help kids thrive. We kindly ask that you do not share, copy, repurpose, resell, or embed these materials into your own. If you have a special need, please email us at go@gozen.com. We'd love to hear from you. :)

TRANSLATIONS:

We are working on translations for this kit. We have it [available in Spanish here](#). We will have it available in other languages soon!

NAME THAT TONE! GAME

Have you ever heard the phrase, “It’s not what you say, but how you say it”? The tone of voice you use when you’re speaking can communicate your words more powerfully than the words themselves. In this game, you’ll see how the same words take on totally different meanings and create different feelings based on the way you say them.

GAME PIECES:

1. Cubes (three varieties)
2. Tone cards
3. Emoji cards

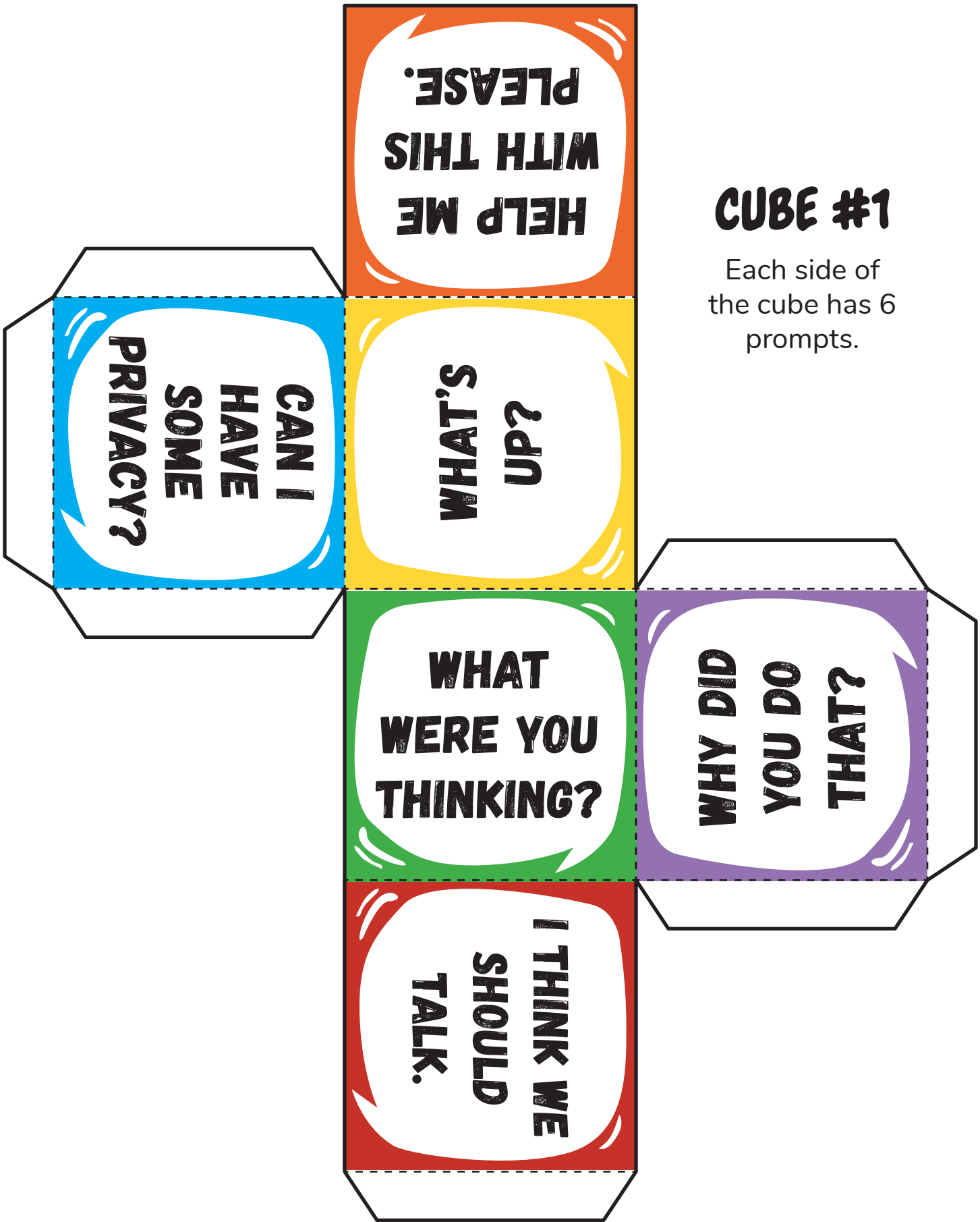
CONSTRUCTING YOUR CUBES:

1. Print out your cube template. Regular printer paper will work, but cardstock will make a sturdier cube. If you’re printing out a blank template, now is the time to decorate it!
2. Cut along the solid lines.
3. Fold along the dashed lines, making sure not to forget the tabs.
4. Apply tape or glue to the tabs. Attach the tabs to adjacent faces to construct your cube!

GAME RULES:

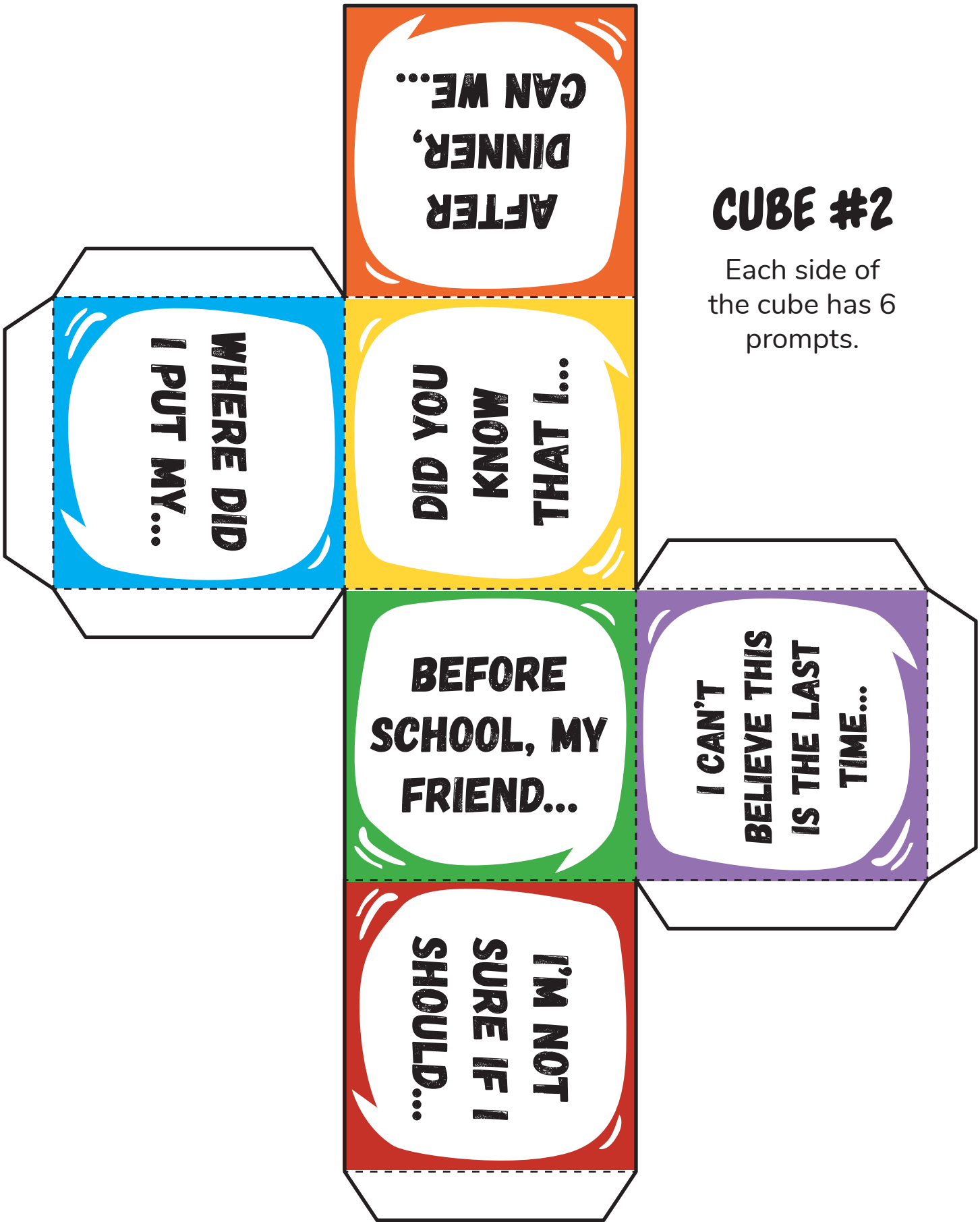
1. Before you start, make sure you have a cube constructed as well as your tone and emoji cards cut out.
2. Choose 1 cube to use for the game.
3. Pass out an emoji card to every player as well as a pencil.
4. Shuffle and place the tone cards face down.
5. The youngest player begins by rolling the cube and taking a tone card that no one else should see.
6. The player that rolled the cube says the phrase on the cube using the tone of voice on the tone card. If you are using the prompt cube, make sure to create a full sentence.
7. Everyone else circles how they feel on their emoji card and then says the feeling out loud.

There are lots of variations of this game you could create. Have a fun one? Share with us at go@gozen.com. We’d love to hear!



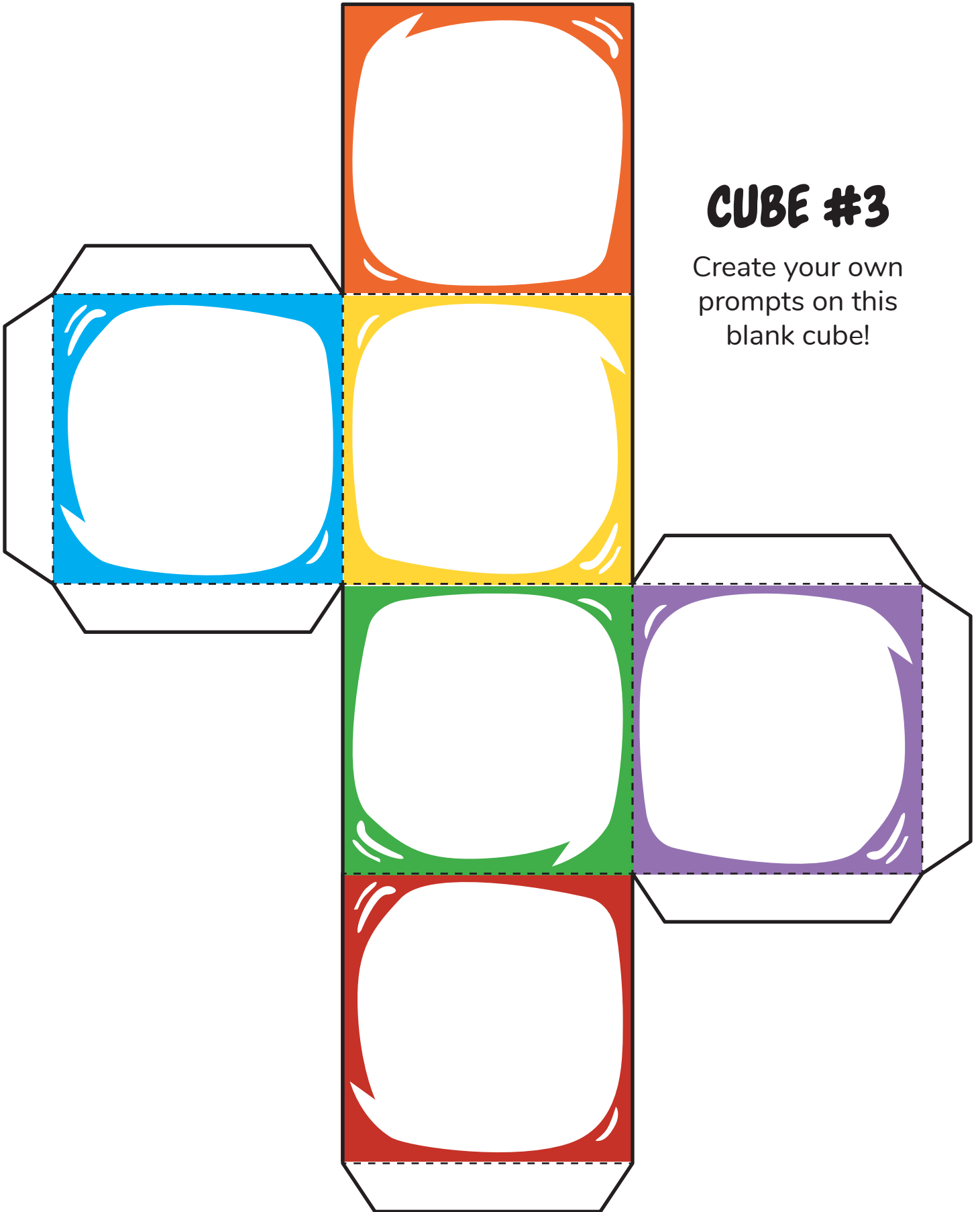
CUBE #1

Each side of the cube has 6 prompts.



CUBE #2

Each side of the cube has 6 prompts.



CUBE #3

Create your own prompts on this blank cube!

Brought to you by GoZen.com

SAY IT WITH A...

SAD

🙄

PHONE TONE

SAY IT WITH A...

LONELY

😞

PHONE TONE

SAY IT WITH A...

LOVING

😍

PHONE TONE

SAY IT WITH A...

SLEEPY

😴

PHONE TONE

SAY IT WITH A...

FRUSTRATED

😡

PHONE TONE

SAY IT WITH AN...

ANGRY

😡

PHONE TONE

SAY IT WITH A...

SILLY

😜

PHONE TONE

SAY IT WITH A...

RELAXED

😌

PHONE TONE

SAY IT WITH A...

SASSY

🙄
TONE

SAY IT WITH A...

RELIEVED

😌
TONE

SAY IT WITH AN...

ENERGETIC

😬
TONE

SAY IT WITH AN...

EXCITED

😄
TONE

SAY IT WITH A...

HAPPY

😊
TONE

SAY IT WITH A...

GIGGLY

😂
TONE

SAY IT WITH AN...

ANNOYED

😡
TONE

SAY IT WITH AN...

EXHAUSTED

😫
TONE

SAY IT WITH A...

COMPASSIONATE

🥰

PHONE TONE

SAY IT WITH A...

PANICKED

😱

PHONE TONE

SAY IT WITH A...

SATISFIED

😊

PHONE TONE

SAY IT WITH A...

DISGUSTED

😬

PHONE TONE

SAY IT WITH A...

DISINTERESTED

🙄

PHONE TONE

SAY IT WITH A...

NERVOUS

😰

PHONE TONE

SAY IT WITH A...

STRESSED

😓

PHONE TONE

SAY IT WITH A...

MISERABLE

😞

PHONE TONE

SAY IT WITH A...

DESPERATE

🥲

EMOTIONAL TONE

SAY IT WITH A...

CONFUSED

😬

EMOTIONAL TONE

SAY IT WITH AN...

OFFENDED

😏

EMOTIONAL TONE

SAY IT WITH AN...

AFRAID

😨

EMOTIONAL TONE

SAY IT WITH A...

NAUSEATED

🤢

EMOTIONAL TONE

SAY IT WITH A...

DISAPPOINTED

😞

EMOTIONAL TONE

SAY IT WITH A...

HATEFUL

😡

EMOTIONAL TONE

SAY IT WITH A...

PEACEFUL

😊

EMOTIONAL TONE

SAY IT WITH AN...

INSULTED

🙄
TONE

SAY IT WITH A...

BORED

😐
TONE

SAY IT WITH A...

TONE

SAY IT WITH A...

TONE

SAY IT WITH A...

TONE

SAY IT WITH A...

TONE

SAY IT WITH A...

TONE

SAY IT WITH A...

TONE

