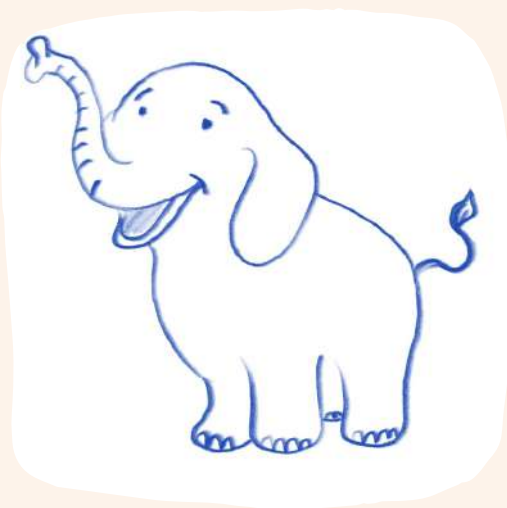


Zoom Out Cards



Brought to you by [GoZen.com](https://www.GoZen.com)

THANK YOU SO MUCH!

Our mission at GoZen! is providing parents and practitioners with the tools they need to arm kids with essential life skills - not only to manage anxiety, but to live with deeper purpose. We can't do it without your support!

Have any questions or comments about our printable kits? Reach out to go@gozen.com, we'd love to hear from you.

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**Click here to learn more about our New
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SHARING MATERIAL

We put a lot of hard work into creating these materials and other resources to help kids thrive. We kindly ask that you do not share, copy, repurpose, resell, or embed these materials into your own. If you have a special need, please email us at go@gozen.com. We'd love to hear from you. :)

TRANSLATIONS:

We are working on translations for this kit. We have it [available in Spanish here](#). We will have it available in other languages soon!



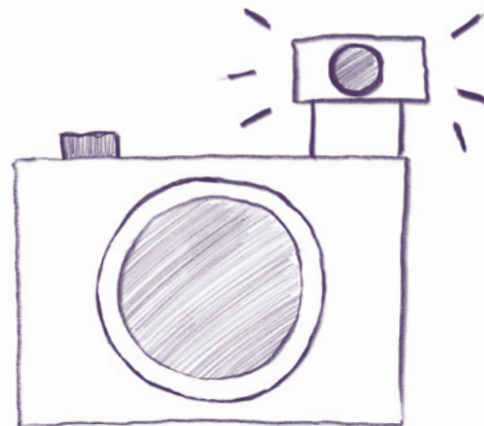
The Grand Canyon is so big that if everyone on Earth piled in at once, they would barely fill it.



About 71% of the Earth's surface is made up of water. Researchers have estimated that only 5% of that has been explored by humans. The rest of it has never been seen.



More than 50% of human DNA is the same as banana DNA.



People today take more photos every two minutes than all of humanity took in the 19th century.



According to Welsh folklore, Corgis (a breed of small herding dogs) provided transportation for fairies.



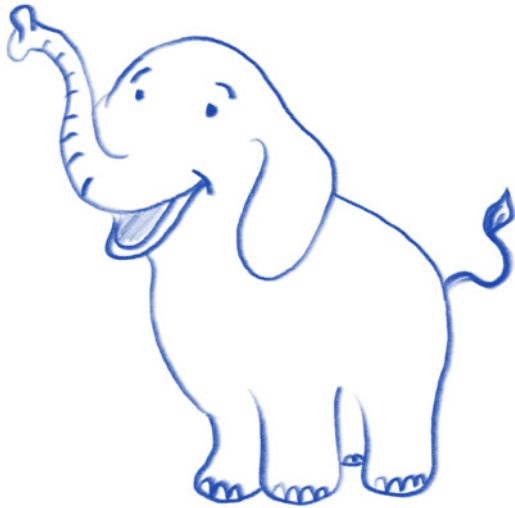
Giraffe hearts are really big--so big, you could fit 36 human hearts in the space one giraffe heart takes up!



Baby monkeys are so strong that when they're born they grab their mother's legs to pull themselves out.



The amount of water on Earth has always been constant--that means that the water you drink once passed through a dinosaur!



Humans and elephants are the only animals on the planet that have chins.



Humans are able to distinguish between at least a trillion different smells.



If you were to cry in space, your tears would stick to your tear ducts instead of falling.



meow! meow!
meow!

Cats may meow at us a lot, but they don't meow at other cats that often. "Meowing" is a language cats developed to communicate with humans!



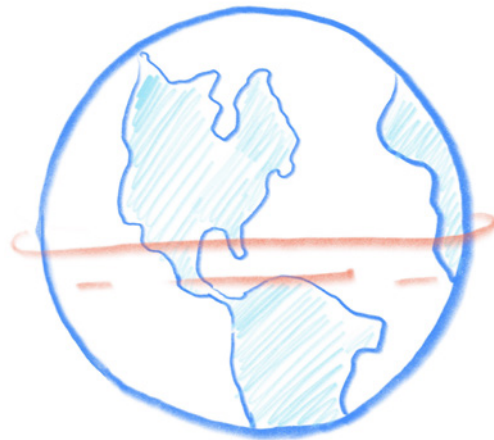
Mosquito repellents don't actually repel the pesky insects at all; they mask your scent so mosquitos don't know you're there!



Venus orbits the sun faster than it can complete its incredibly slow rotation, meaning that days on Venus last longer than its years!



Scientists say that if you were to look through a black hole, not only would you be able to see the universe in its entirety, you'd even see the back of your head as you looked through.



The 2011 Japan Earthquake shifted the angle Earth spins on its axis, causing our days to be shorter by 1.8 microseconds.



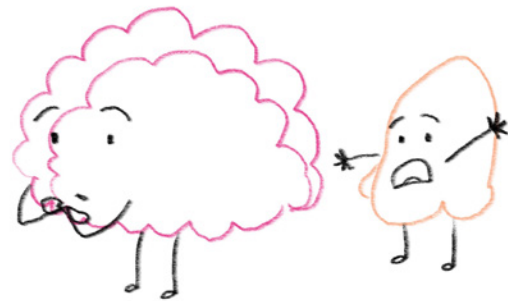
The iron in our blood was formed originally in the stars, trillions of miles away, billions of years ago.



90% of what humans are made of is the same as what stars are made of. Scientists call this “stardust.”



The number of bacteria living and working in a single centimeter of your lower colon is more than the number of people that have ever existed.



Your brain does remarkable things, including seeing your nose but choosing to ignore it.



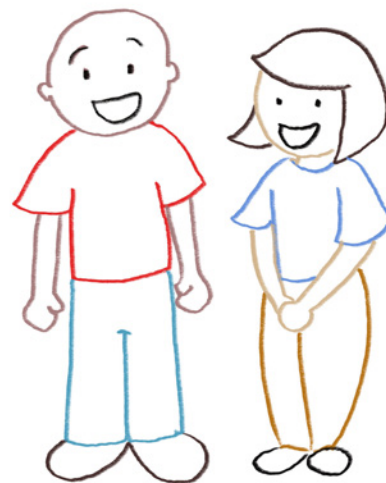
Think there are a lot of stars in the sky? There are more nerve connections in your brain than there are stars in the whole galaxy.



At one point, you were the youngest person in the world.



Trees have been around for a very long time, but sharks have actually been around for longer!



When the oldest person still alive was born, they shared the planet with an entirely different set of people than exists today.



Scientists predict that all of the galaxies, planets and stars we've discovered only make up about 4% of the universe. The other 96% has yet to be detected or understood.



Because of how fast light travels, the sunlight touching your face is approximately 8 minutes old.



The size of the Sun is so large that one million Earths could fit inside.



We may think we have some tall mountains here on Earth, but the tallest mountain in our solar system is on Mars!



Scientists have measured the observable universe to be about 93 billion light years in size. The entire universe is so big that we're unable to even come up with an estimate.



Earth has been around for a really, really long time. Scientists estimate our planet is about 4.55 billion years old.



Although sound can disrupt sleep, scents cannot. Humans have no sense of smell when asleep.



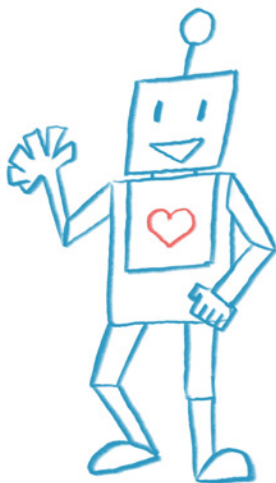
A second doesn't seem that long, but they really add up. 1 million seconds is 11 days, and a billion seconds is just over 31 years!



If you could drive straight up to outer space from the highest point on Earth, you'd only have to travel 60 miles--just an hour of driving!



When the dinosaurs walked the Earth 65 million years ago, they very well could have walked through your backyard.



Mars is the only planet in our solar system inhabited solely by robots. (As far as we know, anyway!)



The surface area of Russia is bigger than that of Pluto!



Scientists say the most complex structure in the universe is... the human brain!



You will never be able to see your own face, only a reflection in a mirror or an image on a photograph.



When your birthday comes around it doesn't just celebrate how many years you've been alive; it celebrates how many times you've orbited the Sun.



Humans can identify and differentiate between at least 10 million different colors.