


Blank writing area for page 8, framed by a star border.

Time Capsule:


What will my life be like in 2040?



Written in the year 2023

Imagine yourself when you are all grown up. What will your life be like? Where will you be living? Who will be with you? What will you be doing? What will the world be like?

Draw a portrait of yourself here.



Hand-drawn illustration of a person standing in a landscape with trees, a house, and a pond.

1. Things I'll do or not do

When I am all grown up, I think I will do these things.

Tick all the things that you'll do – and cross out the things you won't do when you are grown up.

- I'll stay up late at night. -
- I'll have a garden. +
- I'll live in a big house with a pool. +
- I'll have a pet. +
- I'll be married. +
- I'll have children. -
- I'll work from 9 to 5 every day. -
- I'll go camping in the holidays. -
- I'll spend my holidays in a 5 star hotel. +
- I'll eat lots of sweets. -
- I'll go to lots of concerts. +
- I'll watch every football or soccer game on TV. +
- I'll watch the TV news every evening. -
- I'll work in a large company. -
- I'll be my own boss. +
- I'll sing in a choir. -
- I'll play a musical instrument. -
- I'll play in a band. -
- I'll have a car of my own. +
- I'll have friends in other countries. +
- I'll speak at least three languages. +

3. My Daily Routine



In the year 2040, when I am grown up, I will...

I'll be living in a training camp with my soccer team. I will usually get up at 7 am and then go straight to breakfast with my soccer team. After breakfast I'll stay in my room for a bit and at 9 am I'll go to soccer training with my soccer team. The training will then go from 9 to 10 am. Then I'll pass time until 12:30 pm because that is lunchtime. After lunch I will have half an hour until the 2nd training session of the day is also the last one of the day. When the training session is over I will spend the rest of the day cleaning up, having fun with my teammates and eat dinner.

2. What will your home be like when you are grown-up?

Make a drawing.



Describe your future home in detail.

When I am grown up, I will live in....

I will definitely live in a city maybe
Sevilla or Graz because I love going to other
places in a short time. I also think that
I will have a big soccer field in the
future. It's also very important to me that
I live next to friends because that's more
fun and my friends can help me with
the laundry or cooking. I almost forgot that
I will have a giant pool and a beachbar
in my backyard

4. The World in 2040



What will you eat in the year 2040?

We will definitely eat less meat because if you want to produce meat you have to keep a relatively large number of animals on a farm and the animals produce methane and meat is not that healthy.

How will you travel and go to work?

I will drive to work in a self-driving car in the future. For traveling I think I will mainly use trains, helicopters, boats and ofcours cars.

What will the world be like when you are grown up?

I think the world will change a lot, but people won't. It will definitely be much warmer because global warming is increasing. The sea level will probably also rise

What else will be different?

I also hope that we'll get drinks that give us energy and nutrients directly. By the way there will be more robots doing our jobs that our lives are easier and that we have more time for more important things, such as sport or spending time with your family.

That's a really great booklet!
Keep it and read it in the year 2040 to see if your ideas have come true.

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