



RECIPES > VEGAN SNACKS & APPETIZER RECIPES

Lentil-Walnut Pâté



(7)



12 COMMENTS

INGREDIENTS

- 1 onion, chopped (1 cup)
- 2 cloves garlic, minced
- ½ teaspoon dried oregano, crushed
- 1½ cups cooked brown lentils
- ¼ cup chopped walnuts or pecans
- 2 tablespoons lemon juice
- ½ teaspoon sweet paprika
- Sea salt and freshly ground black pepper, to taste
- 1 tablespoon finely chopped fresh cilantro
- Crushed red pepper (optional)