

**Doctor X-Brain's Prescription For Better English:**

**RUNDIC-1000** Running Dictations

**PURPOSE AND USE:**

Helps to improve idiomatic vocabulary, correct spelling and grammar in students of all ages.

**DIRECTIONS:**

Take a short text from one of your workshops and put the text far away from your desk, e.g. in the kitchen. Then read the first sentence and walk over to your desk to write it down. Come back for the next bit... until you have copied 5-10 lines.  
Then correct your mistakes carefully.

**DOSAGE:** For best results do RUNDIC-1000 five times a week, for about 10 minutes.

**DRUG FACTS**

RUNDIC-1000 is a powerful brain-booster that increases brain activity in both hemispheres as well as blood oxygen levels. It activates full mind/body function and thus leads to highly concentrated, efficient learning.

You'll see – it works wonders.

**SIDE-EFFECTS:** Warning

The drug may be addictive and even contagious for other family members who envy the users for their successful learning.

No other side-effects have been reported.

**QUESTIONS?**

For further information contact your English teacher.

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