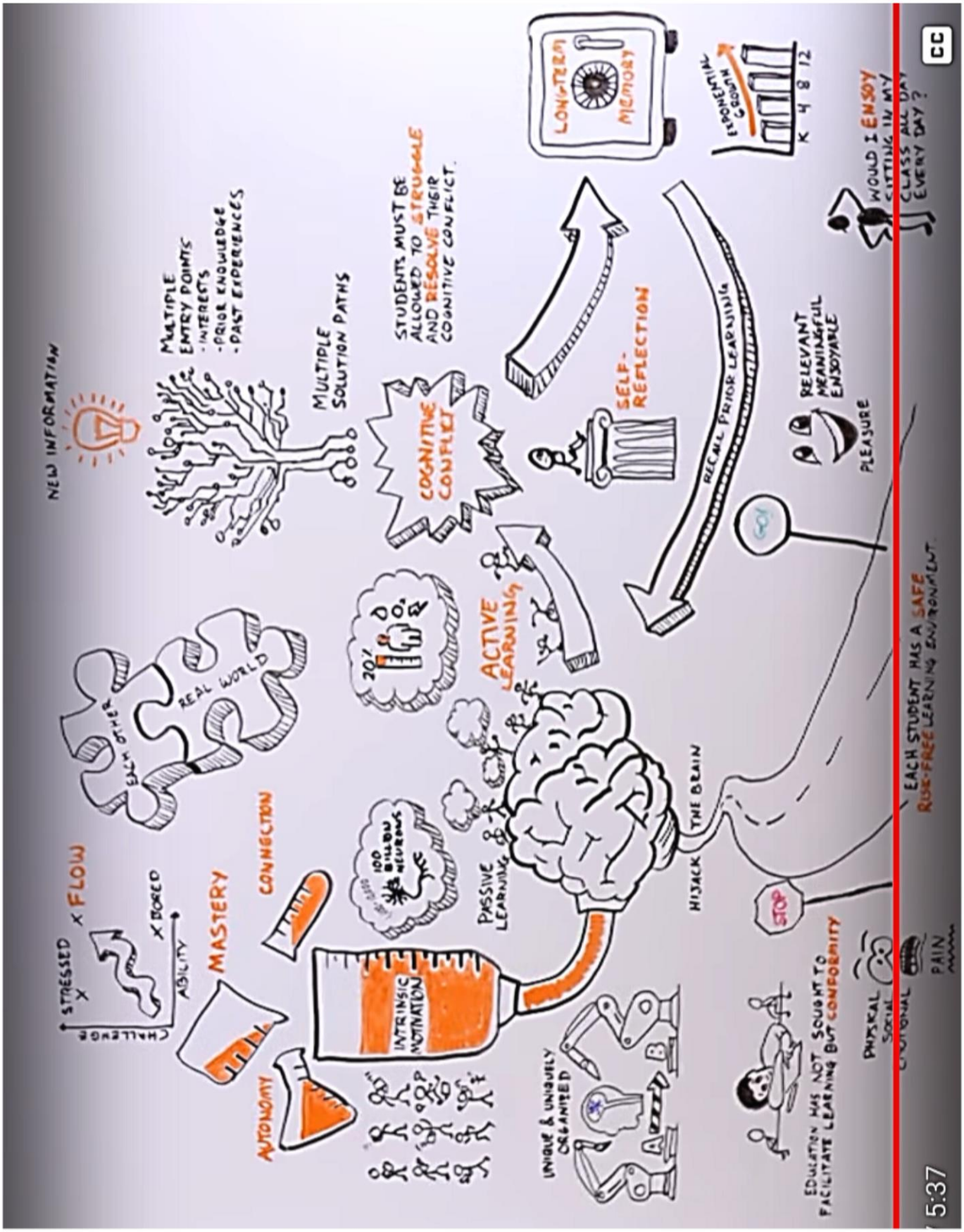
How We Learn

https://www.youtube.com/watch?v=wlaG99awCD8