

Brain Update 1.1



Written by Paul Peschl, Matteo Cian and Jakob Begander

Dear Reader,

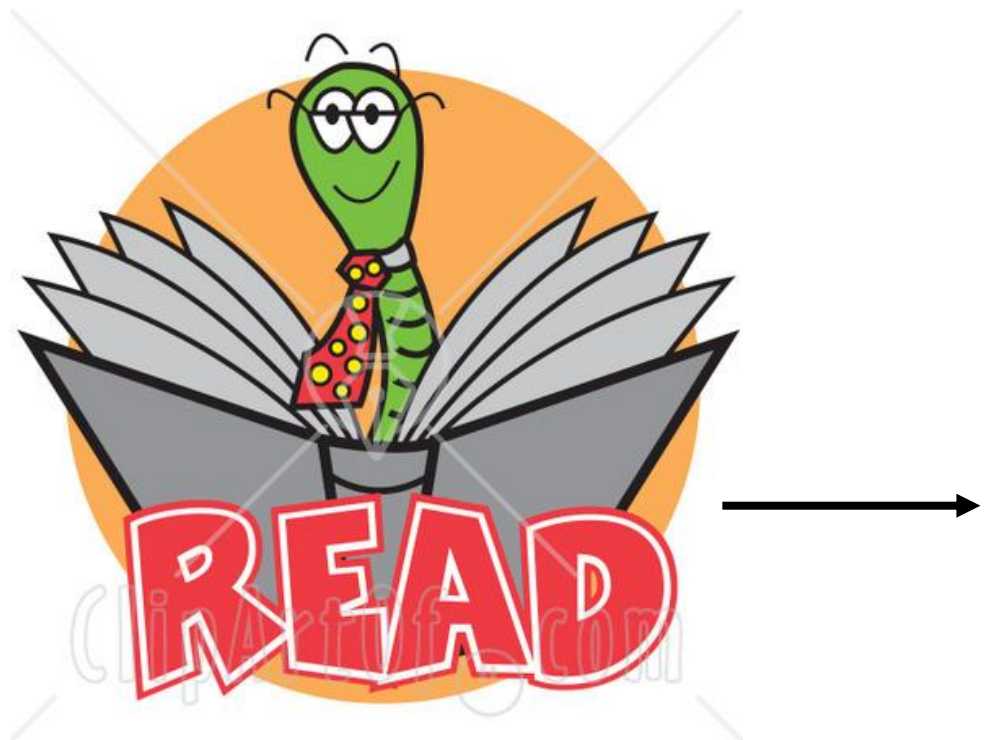
this is Paul's, Jakob's and Matteo's magazine.

We have texts about sports, food, greek gods, fakes in important tv shows and also e- cigarettes and we hope there are at least some texts you are interested for.

Our magazine is called "Brain-update 1.1" and this means you should update your brain with new information. I hope you will like our magazine work and that you learn something new.

We did our best, and would be happy about some good feedback, how you liked it, what was good, what we should improve next time, but ofcourse after reading it.

Thank you and now turn to the next oage and start the magazine 😊



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Interview with Dr. Michael Moser - all about my grandfather

Last week I met my grandfather, who was a doctor at the department for throat, ears and nose at the public hospital in Graz, for an interview to learn more about my grandfather's life.

Me: "Hello Michael, how are you today? I would like to ask you some questions. You were a medical doctor at the LKH Graz, HNO, right? "

Michael: "Thank you, I am fine. Yes that's right, my profession was being a doctor."

Me: "How long did you work there? And did you like it?"

Michael: "All in all about 45 years. Yes I did. I liked it very much, being a doctor was part of my life! I have been retired for two years ago and now I enjoy my time with my family"

Me: "What did you like most in your job?"

Michael: "Helping people to feel better and be healthy again, that's what I liked most. Once there came a real king to the hospital, with all his bodyguards, that was funny. There were many things I liked 😊 "

Me: "What is your favourite food?"

Michael: "I love meatballs with smashed potatoes and roasted onions, my wife cooks this meal deliciously!"

Me: "What's your favourite movie? And do you have a favourite song?"

Michael: "My favourite movie is <In Colorado ist der Teufel los>. It is a western. My favourite song is < La bella Polenta<."

Me: "And your favourite book? Do you have one?"

Michael: "Yes I do. It is <Odysse>, written by Homer".

Me: "What are your hobbies?"

Michael: "My hobbies are reading, writing books, history, philosophy and all the different religions are very interesting too"

Me: "You have already mentioned your family. Can you tell me something about them?"

Michael: "I married Waltraud about 45 years ago. I have 2 daughters, your mom Nina and your aunt Eva. Since you were born I have been very proud of being a grandfather 😊 "

Me: "Can you tell me a little bit about your childhood and your life?"

Michael: "I was born in 1942, on the 29th of May in "Ybbs an der Donau". It was during World War II. When the war was over, my mum returned to Graz with my sister and me. There we

lived together with my father, who was a doctor in the war. I did not like school so much but after finishing school and studying medicine I really found my destination in life: I loved being a doctor and I love my family.”

May be my interview inspires you to find out more about your own grandparents’ lives!

Daphne, the laurel (Lorbeer)

This is the story of Apollo and Eros, who were not the best friends, the interesting ending of a love story and the explanation why we see winners with a laurel wreath on their head.

A long long time ago Apollo teased Eros because the two of them were shooting with bow and arrow but Eros was not as good as Apollo was.

That made Eros so grumpy that he did the following:

When Apollo met his girlfriend Daphne, who was a nymph, Eros took a golden arrow of love and shot at Apollo. The poor guy fell immediately in love with Daphne and asked her if she wanted to marry him. But at the moment when she wanted to say "YES" she was hit by an arrow of hate, made of lead, which Eros has shot at her, and she shouted "No way. I really don't like you!"

Apollo was very confused about this and tried to change her mind. Then he came very close to her but she prayed: "Oh all gods, please help me to get rid of this guy! I would rather die than marry him!" Zeus, who heard this prayer, decided to help her and turned her into a laurel.

Apollo took a laurel twig and put it on his head and said: "All right Daphne. Now we will be together forever".

Because Apollo was a very famous guy in these times people thought that a laurel wreath on someone's head is something for very special people. That's why all the successful people like Caesar or the winners of the Olympic Games wear a laurel wreath on their heads.

Written by Paul Peschl,

Story from my friend's CD

"Griechische Mythologie"

Poutine -

a strange food called like a politician



This is a very typical Canadian dish. It's made of French fries, cheese and gravy (it is the souce of a roast), which is poured over the fries.

You can get this delicious French fries dish in nearly every fast food restaurant in Canada, especially in the French part of Canada.

The first time I saw and ordered Poutine I was in Canada and we went into a Canadian Fast food restaurant, where you can eat burgers, fried onions and French fries ... and also Poutine. I wondered what that is and that's why I ordered Poutine:

When I tried it, I first thought: ok, that looks strange but when I tasted it, it was delicious. :)

Unfortunately I can't explain how it tastes...it is a little bit like smashed potatoes with half-melted cheese and gravy on it. There is nothing that can be compared with Poutine.

All I can say is: the strangest but best fries I've ever eaten.



by paul Peschl

DSDS is fake



An ex-candidate of the German television show “Deutschland Sucht Den Superstar 2014” gave paparazzi an interview about all fakes in that show.

Her name is Yasemin Kocak and she was one of the half-finalists in this show. She gave one of the paparazzi an interview about people who work for this show and already know the winner before the next show even starts.

“It was a great experience”, she said. “I learned a lot, but one thing really shocked me. I heard Dieter Bohlen talking in an extra room saying that it would be better if Aneta Sablik won, because she has tons of the Polish fans who call and vote for her and so they earn more money.

When I had heard this, it was clear I couldn’t win anymore. I told the others about this, but no one of them believed me. During the show you get treated like a star – you are not even allowed to go and get some water for yourself, because there are people who get paid for doing this for you.

While the show is taking place you get a lot of attention, but when the show is over and a few months have passed no one will be remembering anyone anymore. So from one minute to the other you fall back to your old life, and after all this star treatment, this really hard. I had no problems to get back to my old life, because my boyfriend told me about this before, but for many others it was horrible.”

I heard about all this on television and I saw an interview in the internet about it. Here

- 1.) The winner is known before the next show starts.
- 2.) They get a lot of money by telling the fans to call even if it doesn’t change anything.
- 3.) In the first three years DSDS gets half of the money you earn with singing.

I hope you learned something new about DSDS and have fun reading the other texts



E-cigarettes are getting even more popular

The invention of the electrical cigarettes is great success in Germany and Austria. It is similar to a real shish just without nicotine.



More and more students and teenagers try the electrical cigarette in Austria and Germany. You can buy it at the age of sixteen, but it is easy for Austrian kids to get them at an earlier age from older friends. Lots of teenagers smoke it in front of others to be cool, because if you take a deep breath in and then you breathe it out, a big damp cloud arises and it can taste of apples, bananas, blueberries, strawberries or a lot of other fruits.

It is called an electrical cigarette, because you don't need to use fire to light it and comparing it to a real cigarette there is nothing get burned in it, but a substance called aerosol is getting out. It has a battery-powered vaporizer inside and this is why it is called electrical cigarette.

Many students also smoke e- cigarettes in class, because they can buy them in quite every tobacconist and on them it says you are allowed to smoke them wherever you want to. The problem is that they were invented to make people stop smoking, but a lot of teenagers are using them to begin smoking. They cost 10 dollars/euros and with one e-shish you can take about 500 breaths. When the teenagers want to smoke them more times and they realize that they are too expensive for most of them, so they start buying real cigarettes because they get hooked on having the feeling of having something between their lips.

As a result, lots of students start smoking because of the e-shish.

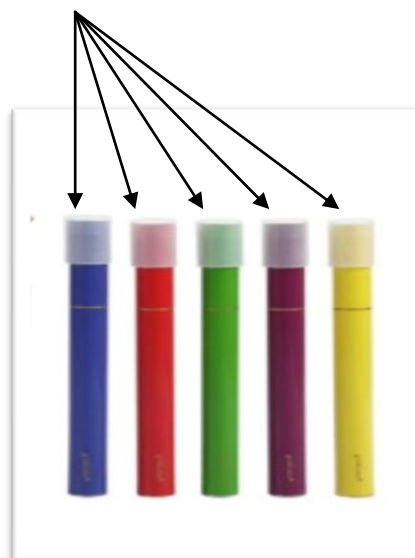
Another problem is that the electrical cigarettes have chemical substances in them to make these damps that are really bad for you. When you breathe in there is a light shining at the end of the e-shish.



Let me give you a little advice: If you want to live healthy and don't get involved with cigarettes, don't ever use the e-cigarettes.

I hope I could give you some new information and that you have learned something out of it.

Here are some examples of how the e-shish can look like.



Written by Matteo Cian

No outings at GIBS



New school law at GIBS!!! Now, because of the “TEST TIME” there are no outings allowed at all.

You can't go to any sports tournament during this time, because too many people miss classes and will therefore not be well prepared for tests. Also fieldtrips don't take place. For some of you this might sound crazy, but the results of people who attend classes are usually better than those of the ones that are at the tournaments.

First I was completely against this law, but then I thought about it and realized that it makes sense. If you sign up for a tournament of a sport you don't really train for, you shouldn't take part in these outings. I, for instance, missed two hours of English before the test, because I took part in a street ball tournament. I didn't get all the information of what they had done in class so at home I couldn't prepare for the grammar part. As a result I didn't do as well on the test as I wanted to.

However this new rule also has its disadvantages: for example, if you are very good at a certain sport and the school tournaments of this sport take place during the time when no GIBS student can go, you are also obligated to be in school, because in this time all outings and fieldtrips are completely forbidden. I wanted to go to the beach volleyball tournament of all schools in Styria with four other students of GIBS and we would have had great chances to win. When everything was organized the school told us that we were not allowed to go. If you don't want this to happen to you, ask the principal early enough if she can make an exception.

I hope I could give you some new information about the new school regulations at GIBS.

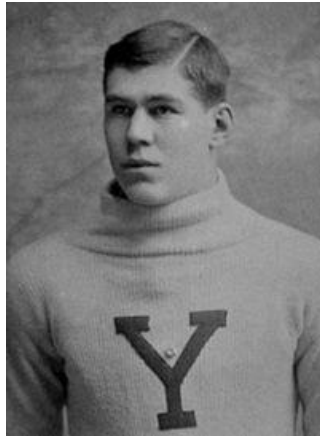


Written by Matteo Cian

About: Football

History

Early football evolved from Rugby football. The first American football game was played on November 6, 1869 between Rutgers and Princeton. At the beginning you played 25 against 25 people. They used a round ball like our today's soccer balls. You were not allowed to pick the ball up and carry it but you were allowed to kick the ball with every body part. 1875 two Princeton players changed the ancient rules to the modern rules.



Scoring

You win the game if your team scored more points than the other team. There are multiple ways to score points. If one of your team does a touchdown your team gets six points. A touchdown is if someone is in the end zone and holds the ball. If you did a touchdown your team can get points – after – touchdown (PAT). Your team gets a kick from the three yards line and it has to kick the ball into a yellow square at the end of the field. If you kick it in your team gets 1 point.



Teams and positions

A football game is played in two teams of 11 people each. The teams can change their players always and as often as they want to.

Offensive unit

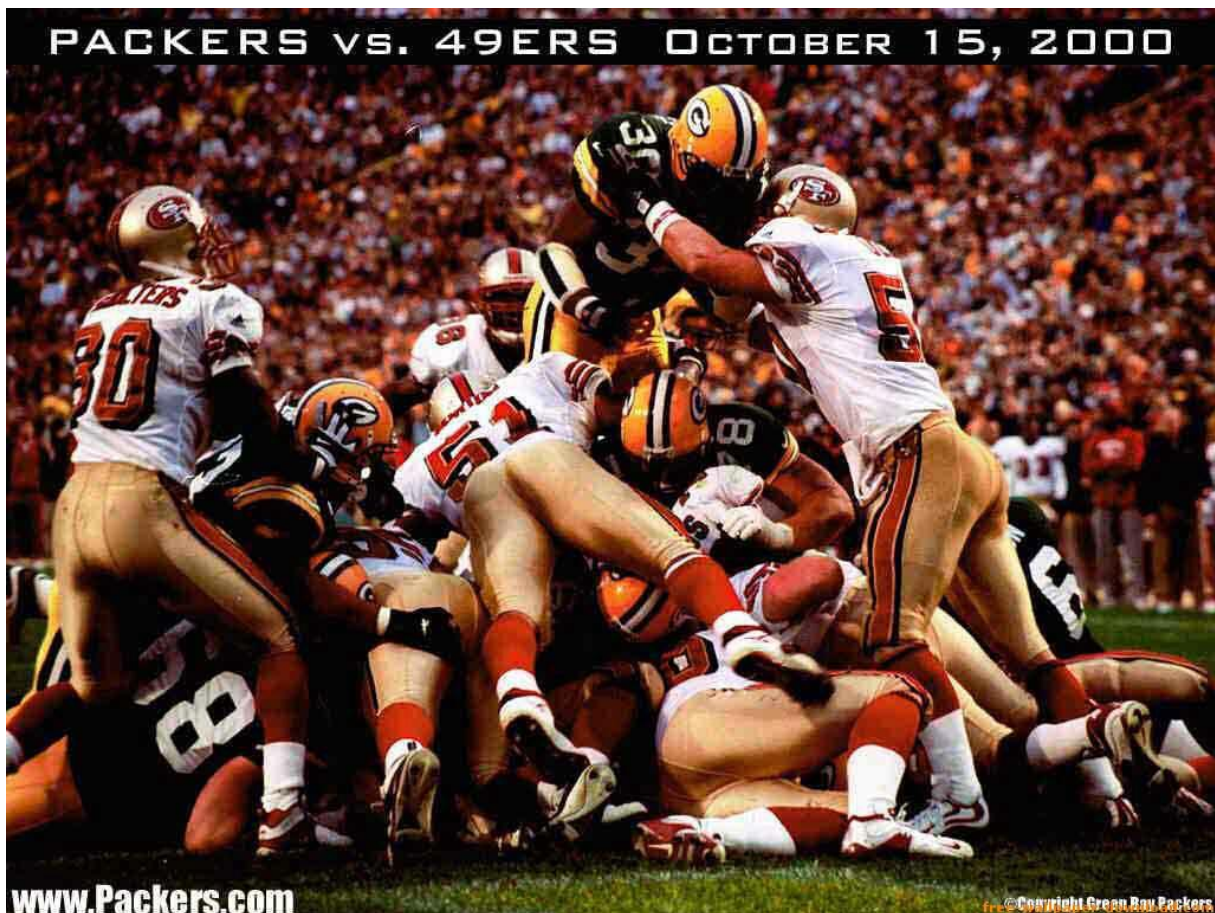
The offensive unit tries to get a “goal”, that means to bring the ball to the end of the field and do a touchdown in the end zone.

Defensive unit

The defensive unit tries to take the opponents away from the end zone so they can't do a touchdown.

Special Teams unit

The special teams unit is responsible for all the kicking. If the ball is in the very back of the field one of the special team unit comes and kicks the ball forward.



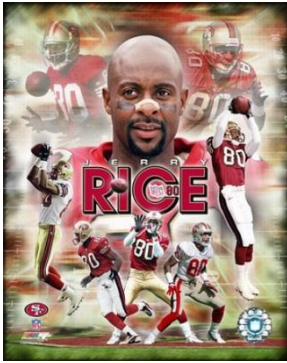
I'm very much looking forward to the European championships in Graz this year.

Written by Jakob Begander

The top three football players ever

Interesting facts about Jerry Rice, Jim Brown and Lawrence Taylor.

1. Jerry Rice



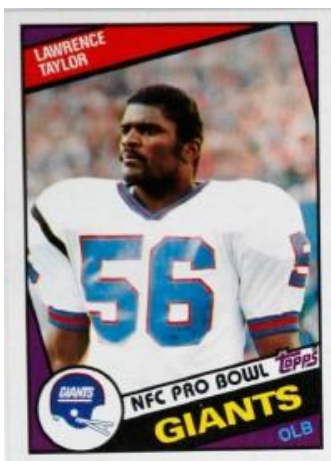
Jerry Rice was born on the October 13, 1962 in Crawford, Mississippi. He started playing football in high school but he already enjoyed watching football on television as a child. After high school he joined the [San Francisco 49ers \(1985–2000\)](#) then the [Oakland Raiders \(2001–2004\)](#). After playing for the Oakland Raiders he joined the [Seattle Seahawks \(2004\)](#) and then the [Denver Broncos \(2005\)](#). He won the Super Bowl 3 times and once he won the Super Bowl MVP award. Apart from that he won the NFC 3 times and the AFC once. He also won many other contests and broke 23 football records.

2. Jim Brown



Jim Brown was born on February 17, 1936 in St. Simons, Georgia. Jim Brown also started playing football in high school. He always played for the team Cleveland Browns during his entire career. He was voted into the the Pro Bowl 9 times and won the NFL once among many others trophies. He also appeared in 44 movies, for example “Draft Day” this year.

3. Lawrence Taylor



Lawrence Taylor was born on February 4, 1959 in Williamsburg in Virginia. At the age of 15 he started playing football, at this time he was in 11th grade. He spent his entire career for the New York Giants. They won the Super bowl twice, and the NFL 3 times and many other trophies as well.

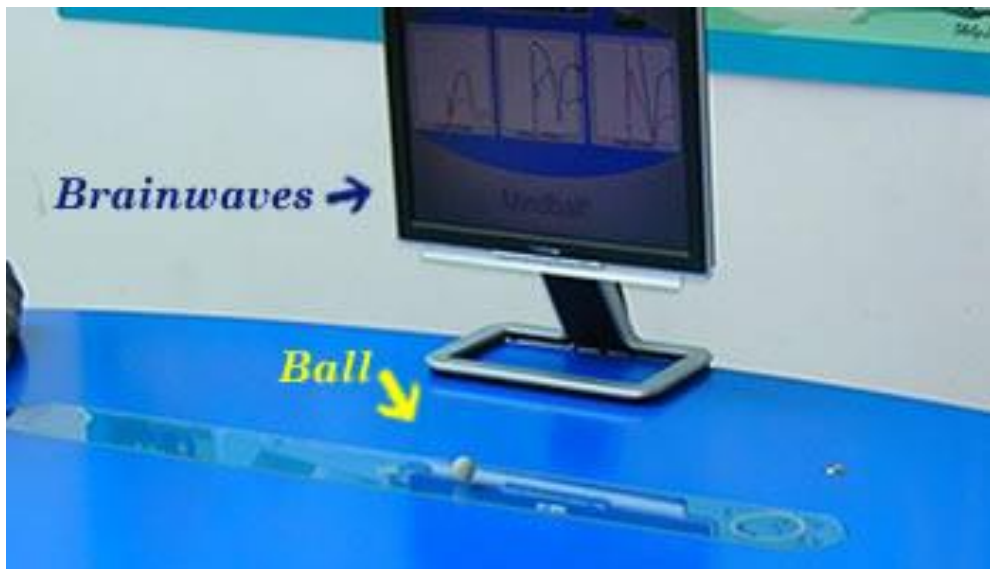
Written by Jakob Begander

Top 3 Unknown Sports

In this text I will present you 3 sports you didn't know.

Mind Ball

Mind Ball is a sport for two people. They sit down at a table with a channel in the middle. Both of them get a headband that measures how relaxed they are. The more relaxed they are the farther the ball moves away from one of them and the closer it goes to the other player but the problem is the closer the ball comes to you the more stressed you get and it is really hard to relax in a stress situation. The game will end if the ball reaches the end of the channel.



Hurling

Hurling is an Irish sport played by two teams of 15 people. One player of each team is the goalkeeper. Everybody has a special, wooden stick with a thick, flat end. With this stick the player can hit the ball. The ball sometimes even is 150km/h fast and flies 80 meters far. The goalkeeper gets a bigger stick with an end which is twice as big as the ends of other sticks. The players may even catch the ball but only while it is in the air, so they have to pick it up with their stick, throw it up and catch it. Then they can throw it up and hit it, but they are not allowed to run while holding the ball. The goal of the game is to score more goals than the other team.



Tower Running

Many people say that they don't like walking up stairs, others of that it as a sport. In the sport Tower Running you have to run up a tower, not on the outside but you run up the stairs. The most famous race is running up the Empire State Building. Every year some athletes run up the 1676 steps. That is 86 floors or 320 meters straight up. Some people do that in 10 minutes so they run up 3 steps per second.



Jakob Begander