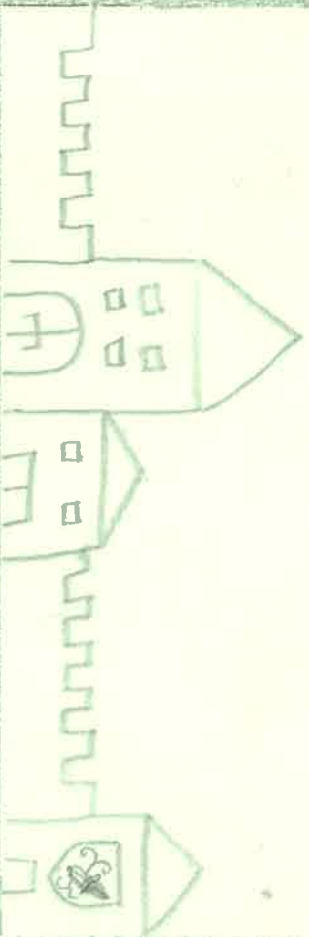


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Zeiner
The Middle Ages



Content

- Dear Reader 1: Letter
- All about knights: Text
- Towns in the Middle Ages: Map
- How Books were made in the Middle Ages: Text
- The Wife of Bath: Letter
- Robin Hood: Text
- Food and Feasts in the Middle Ages: Interview
- Good Mornings! Dawn of the Castle: Text
- Dear Diary: Diary Entry
- Goat of Arms: Picture
- Goat of Arms: Description
- Jacob: List
- Medicine in the Middle Ages: Questions + Answers

Medicine in the Middle Ages

Ask Dr. Hannah! QUESTIONS + ANSWERS

Mr. Lewis: My daughter has really bad skin problems! What can I do against it?

Dr. Hannah: Oh no! I would take a bath and then rub an ointment made of oil on the skin. But be careful not to use too much!

Zilly Falze: My boyfriend has toothache!

Dr. Hannah: Ouch! I know how this hurts. Don't do anything with the tooth, but go to the barber to pull his tooth. If you know how to pull it out you can also do it by yourself.

Susan Smith: How can I protect myself against rheumatism and witches' spells?

Dr. Hannah: The best thing you can do is to collect all kind of nuts, especially double nuts and put them in front of your doors and windows.

Vocab

drawbridge = Zugbrücke
armour = Rüstung
kiss of peace = Ritterschlag
nauseous = Übel, ekelhaft, wiederlich
parchment = Pergament
deaf = schwerhörig
lighthearted = fröhlich
odds = Gewinnchancen, Quote
dawn = Morgendämmerung
ditch = Graben, Messergraben
mockery = Spott
raid = Überfall, Raubzug
snug = gemütlich
to defy = trotzen, standhalten, herausfordern
courageous = mutig, tapfer, heldenhaft

Dear Readers,

This is my booklet about the Middle Ages. For all the information we read several Middle Age-Books and worksheets. I learned lots of new things and some of them were really disgusting.. Sometimes the cook put live birds into the baked ones or picked feathers and wasn't hard on the new food wean to make it look real. They thought it's funny! But in my booklet I have other facts, letters, interviews or diary entries as well. They are about castles, medicine, knights, books, towns (of course everything in the Middle Ages), a social list and Robin Hood and... I think that the Middle Ages are an interesting topic to write about. If you want lots of fun to write the texts, because we were allowed to decide by our own what we want to have in our booklet.

I hope you enjoy reading my Middle-Age-Booklet!

Yours Dora Zainer



knights



Knights were very important in the Middle Ages because they protected the people and the land. But not everyone could get a knight. Only boys who were born into rich families could go, at the age of seven, to another castle and become a squire. Squires were the helpers for the older knights, they needed to serve them, clean the armour for them and lots of other things. But they also had trainings like ride a horse, learn to be tough, hunting or fighting with other squires or knights. When they were old enough to be a knight he got the kind of peace from their Baron or King.

After this the knights were allowed to take part at tournaments. The winners of these tournaments were allowed to take the weapons and the horse from the loser. The amount of the knights weighed 10-15 kg. Only a sword could weigh 1 1/2 kg. The "glory days" for knights were from 500 AC to 1500 AC.

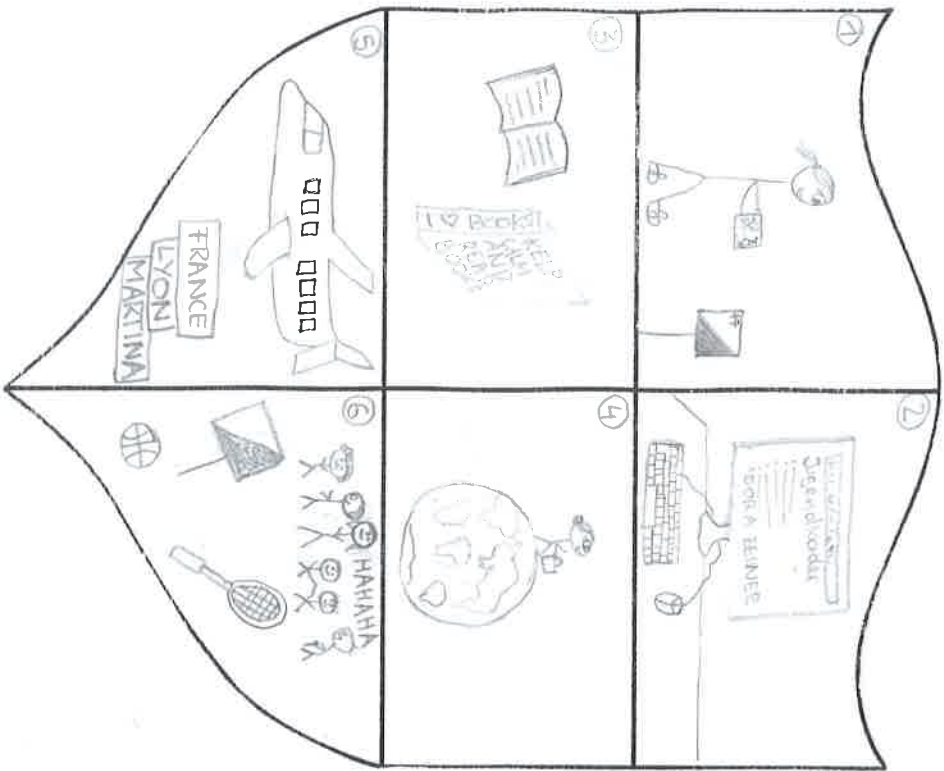
Personal Coat of Arms

① I think the most significant event in my life was in Barchtholdsdorf, because I participated in my first orienteering there. I am really glad that I ran the run there because otherwise I wouldn't had so many bright moments in my life. I wouldn't know people who truly matter to me know and I wouldn't that orienteering is the greatest sport in the world.

read since I'm five. I think I have to thank my parents for this, university to improve her French again. I was extremely cheerful when she picked us up at the airport. We had been in France for four days and I enjoyed the time a lot.

⑥ I really enjoy doing sport. And I like having festivals with my family, because it is always lots of fun.

PERSONAL COAT OF ARMS



Towns in the Middle Ages

GOLD SMITH
People often left their money in the goldsmith's shop because it was well protected.

Normally the Barber was just a hairdresser, but he also did things like a doctor or a dentist.

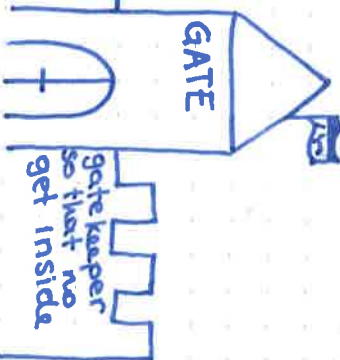
BABAR

CHURCH
People often came to church to pray and hear the newest gossip. And because they liked the colourful paintings inside the church.

There were lots of dogs, cats and rats running through the town.



At night the gates shut so the enemies can't get inside the town.



THE RIVER WAS THE MAIN WATER SUPPLY OF THE TOWN

HOUSES OF NORMAL PEOPLE

Pilgrim were people who traveled to cities and who wanted that god forgive them their sins. They had worn a cross.

GUILD
People who learned man skills were in called the guild. All people in the club can about each other. They had their own songs, slangs, signs.

BEAD MARKET
BREAD FRESH FISH

The people who needed their things to pay a licence to the town council. That is one way how the town get money. (If the people didn't that could happen to them.)

Each town had its own punishment.
HANG THEM
KILL THEM

The towns had no schools. But sometimes educated people "taught" other people in the streets.

If you would like to know what was going on in Middle Ages towns look at this map and read the texts. I hope you like it!

HOTEL-DIEU
It was kind of a hotel-hospital, were monks cared about poor people.

THE PEOPLE HAD NO TOILETS OR ELECTRICITY. IT WOULDN'T LIVE IN THE MIDDLE AGES!!

How Books were made in the Middle Ages

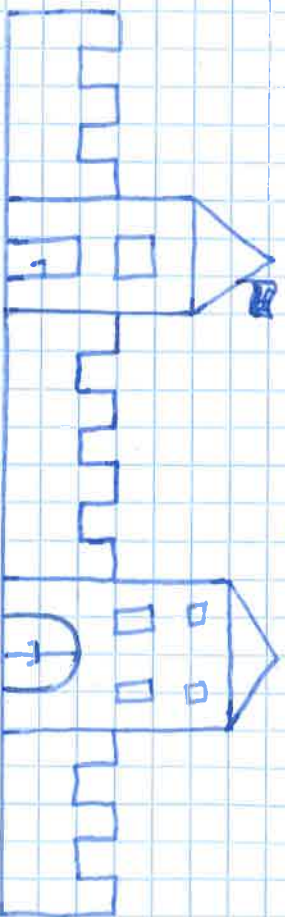


When the papyrus scrolls became impractical people started to use parchment because it had a kinder surface. Parchment was made out of animal skin and the monks really often used sheep skin. First of all the skin of the animal was removed and then all the flesh that was still on the skin was scraped off with a knife. Then it was treated with urine acid. Then hung up to dry and stretched it. After this process the monks cut it into rectangles and folded it. Next the hole layout was made. The text was really often had an initial, that was the large decorated letter at the beginning. Everything that was drawn or written was done by hand. That's why the books cost so much and only aristocrats could buy them. Sometimes it took the monks months or years to finish one book.

Dear Diary,

Yesterday I have been in the castle for the first time in my life. I was really impressed of it. It was so huge and so many people lived and worked there. But don't you dare to think that you could get in there easily. First of all you have to get through the gates over the wooden rise. Then there comes the drawbridge and when it's lowered there are still iron gates. Inside of this whole protection thing was a big pond. I mean a pond in a castle. I was really surprised, see outside the castle there's a pond, but then inside in a castle these were also often things like the kitchen. It wasn't inside the castle, because if it burns not everything burns down. I was also surprised when I saw towers. They kept it just for amusement. If I would have one I wouldn't wait and eat it. But I think that they are just all so rich that they don't know what to do with their money.

Yours, Johann



Good Morning? - Dawn at the castle

At dawn the great bell rings and the people raise her get out of their beds. If you think their beds were warm and comfortable you're wrong. The people slept on so-called

padding, this was a mattress filled with feathers or straw.

The practical thing about them was, that you could roll them up.

In the Middle Ages no one had his own bathroom. Because

the Rothing wasn't invented yet, people used nightclothes. At night there was no light in the hole castle.)

Servants brought the breakfast for the people. Only a

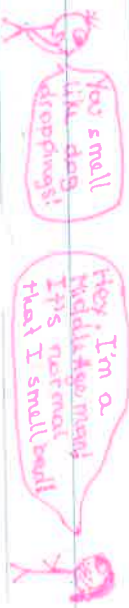
few people liked milk and because water was dirty the people - also children - drank beer in the morning. After

breakfast people started the morning prayers, because everyone believed in God.

If you had a bath every day you would be a crazy Roman in the Middle Ages. The people there had a bath

just for fun or before feasts. Servants had to bring a wooden tub filled with hot water. The self-made soap

consisted of mutton fat, wood ash and soda.



The Wife of Bath

Dear Sunday,

You want to know who I met. The famous Wife of Bath. She is the woman who had five husbands!!!

When I met her she wore red trousers and a long coat.

Her blond hair was covered under a hat that must have weighed more than ten pounds. She told me that she made all the clothes by herself.

I met her in Rome but she had told me that she had been to so many places that she didn't want to list all of them. But someone told me that she had already been to Jerusalem! I didn't tell her so much about me because she was deaf. She also liked to dance a lot and then her face always turned red. I hope we will meet soon again.

In love your Brother

Henry!



Robin Hood

Robin Hood - the protector of the poor. The man who robbed the rich and gave everything to the poor. But

The question is: Fact or Fiction?

We know that there were many people called Robin

Hood, but none of them can be the Robin we know from all the stories and legends. That's why I will tell you

things about the Robin Hood stories and not about his history.

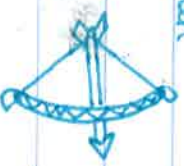
Robin Hood lived with other robbers in the Sherwood forest.

The most important characters from the stories are listed here.

- Robin Hood: never without bow + arrows, in love with Maid Marian.
- Maid Marian: niece of Prince John, in love with Robin Hood
- Little John: best friend of Robin Hood, robber
- Prince John: tyrant, steals money + gold from the poor
- Friar Tuck: monk, helps Robin Hood, sends the best for all the people
- Sheriff of Nottingham: collects taxes from the poor for Prince John
- Alan-a-Dale: part of Robin Hood's robbers (they call themselves Merry Men)
- Will Scarlet: also part of the Merry Men

I hope you know more about

Robin Hood now?



Hello dear Readers,
This is an interview with Amanda Lewis,
the inventor of the time-traveling-machine.
I hope you enjoy reading it.

Dora

FOOD + FEASTS IN THE MIDDLE AGES

"They didn't have butter..."

Amenda Lewis, one of the best scientists

about time, answers us the question of

the Middle Ages were she has been



Amenda Lewis
Born: 13.10.1972
Career: 2002 Time Traveling
F100, 2007 Scientist
F100, 2011 Nobel Prize
2017 Alfred Hunt Prize
2022/2025 Time
Scientist Prize

already for three times.

News: How was your first trip to the Middle Ages? AL: I was

really excited about it and it was better than I expected.

News: What was the worst thing that happened to you? AL: In the

Middle Ages the people ate everything like worms, the feet, lungs,

livers and brains of the animals, cow udders and they had no

fresh fruits, vegetables or meat. Once I was invited to a party but

they had no butter? Instead they used meat dripping. After I ate this

I had to vomit for two weeks! News: You talked about a party?

AL: Yes, I was invited by Lady Holandic and all in all it was

nice but there were also lots of disadvantages. News: For example?

AL: You had no pils but pieces of bread and you shared it

with your seatmate as well your cup. and it was also

hard for me to speak in this old-english. Another thing were the

drinks, they drunk almost only beer or wine because the

water supply was the sewer as well? News: and how about

toilets? AL: (grins) I think you already can imagine it.

News: We heard that you are going to make a trip to Early Rome.

True or False? AL: Actually it's kind of true, we have planned it

but we still have to fix things with the time-travel machine. But

yes, it's planned for 2025!

① I think the most significant event in my life was in Buchholz Dorf, because I participated in my first orienteering there. I am really glad that I ran there because otherwise I wouldn't have had so many bright moments in my life. I wouldn't know people who truly matter to me now and I wouldn't have orienteering in the greatest sport in the world.

② I think my greatest success or achievement in the past year was in the evening of the 26th of October. Because then the professional association of orienteering in Austria published the list of all the new members in the squad called Austrian-Youth-Team 2015. These are young people who were selected to be in the squad. When I read my name on the list I was extremely happy! I couldn't believe that I was a member of all these athletic people. (I think that's why orienteering is the most significant event in my life.)

③ I think I am really good at reading. It's not just because I read a lot (already several books this year) but also because I read since I'm five. I think I have to thank my parents for this, because they always read books to me when I was little. I think this isn't just important for reading and writing but also for talking.

④ By the time I am twenty-five I would want to accomplish these things:
1) I would like to speak five languages fluently.
2) I would like to travel around the world.
3) I would like to be really good at orienteering and backpacking.
4) I would like to have a good school leaving examination.
5) I would like to have a job as a journalist, maybe for sports.

⑤ My happiest moment in the past year was in France, when my family and I visited our sister Martina. She is for half of a semester in Lyon at an university to improve her French again. I was extremely cheerful when she picked us up at the airport. We had been in France for four days and I enjoyed the time a lot.

⑥ I really enjoy doing sports. And I like having festivals with my family, because it is always lots of fun.